

BREAKFAST

Available Open - 6:30pm

HAPPY

AVOCADO TOAST \$5/\$8

Avocado, Tomato, Pickled Red Onion, Red Pepper Flakes

OVERNIGHT OATS \$6

Creamy Chocolate oats made with Greek yogurt, vanilla, maple syrup, & cocoa powder
Topped with blueberries & chocolate chips
Served cold, can be warmed upon request

BELGIAN WAFFLES \$5/\$8

Thick waffles topped with the option of chocolate or whipped cream. Comes with syrup
Add Seasonal Fruit: + \$1.5

PARFAIT \$6

Greek yogurt topped with seasonal fruit, granola, & drizzled with honey

BAGEL \$2.5

Your choice of a plain, everything, or cinnamon raisin bagel

Add Cream Cheese, or Peanut Butter: + \$.75

Add Butter, Jam, or Honey: +\$.5

SANDOS & SALADS

BACK TO THE BASICS \$8

Chicken, Tomato, Mozzarella, & Pesto

THE GOAT \$8

Turkey, Avocado, Goat Cheese, & Red Pepper Jam

GOLDEN TICKET \$8

Sharp Cheddar, Gouda, & Mozzarella, seared with a Parmesan-Garlic butter

MÜDI-CUBAN \$8

Ham, Swiss Cheese, Pickles, Cabbage House Mustard

GREAT SCOTT! \$8

Chicken, Bacon, Tomato, Avocado, Pesto, Goat Cheese
Make it a wrap!

SALAD \$6

House & seasonal salads available!
Ask us what we're serving today.

Substitute Gluten Free Bread: \$2

THE ROCKET \$6.5

Egg, Bacon, & Cheddar Cheese drizzled in our spicy house made fuel sauce and served on a brioche bun

Make it a Bagel Sandwich! + \$1

B.E.L.T \$6.5

Bacon, Egg, Lettuce, & Tomato covered in a savory garlic aioli and served on a brioche bun

Make it a Bagel Sandwich! + \$1

BREAKFAST BURRITO \$8

Egg Scramble, Bacon, Cheddar Cheese, Tomato, Bell Peppers, Salsa, and Sour Cream

SMOOTHIES

SUNRISE ON THE BAY \$5.75

Banana, Orange, Strawberry, Greek Yogurt

\$8 GREENIES REMEDY (V) \$5.75

Kale, Spinach, Apple, Lemon, Banana

\$8 P.B.B.B \$5.75

Peanut Butter, Blueberry, Banana, Greek Yogurt

\$8 MONKEY BOTTOM \$5.75

Banana, Chocolate, Peanut Butter, Greek Yogurt

\$8 Add a scoop! CHIA SEEDS .85¢
PROTEIN POWDER .85¢

\$8

\$6

Sides:

Chips : \$2

Fruit Bowl: \$4

Toast: \$2.5

Available Open - Close Every Day



12oz / 16oz / 20oz

COFFEE & TEA

Drip	3.00 / 3.25 / 3.50
Cold Brew	3.50 / 4.00 / 4.50
Espresso (2 oz)	3.00
Americano	3.00 / 3.50 / 4.00
Espresso Tonic (12 oz)	4.50
Cortado (4 oz)	3.25
<i>Served hot</i>	
Cappuccino (8 oz)	3.75
<i>Served hot</i>	
Latte	4.50 / 5.00 / 5.50
Chai Latte	5.00 / 5.50 / 6.00
Matcha Latte	5.25 / 5.75 / 6.25
Mocha	5.00 / 5.50 / 6.00
Pour Over * (12 oz)	4.50
Tea Fizz * (12 oz)	4.00
Loose Leaf Tea *	3.00 / 3.50 / 4.00

**Rotating Selection*

HOUSE FLAVORS + .55¢

Vanilla	Lavender
Almond	Rose
Caramel	Honey
Hazelnut	S.F Vanilla



ASK ABOUT OUR SEASONAL SPECIALS!

MILK SUBSTITUTES + .80 ¢

Almond	Soy
Oat	



EXTRA SHOT + \$1.25



All our drinks are made with a double shot, whole milk, & 12 oz unless otherwise specified

OTHER BEVS

- Orange Juice*
- Apple Juice*
- Bottled Water*
- Sparkling Water*
- Red Bull*
- Red Bull Sugar-Free*
- Coca Cola*
- Diet Coke*
- Ginger Ale*
- Sprite*

